Vancouver, BC / TheNewswire / May 19, 2016 - NORTEC MINERALS CORP. (the "Company" or "Nortec") (TSXV: NVT) is pleased to announce that it has entered into an earn-in joint venture agreement with Avalon Minerals ("Avalon") of Milton, QLD, Australia, for Nortec's Tammela Lithium Project, located in Southern Finland

Avalon will pay Nortec EUR 20,000 and issue 1,000,000 Avalon shares upon the signing of the Heads of Agreement ("HoA"). Avalon, through its subsidiary Scandian Metals ("Scandian"), will fund exploration on the Tammela Project in two stages to earn an 80% interest. Stage 1 comprises of an expenditure of EUR 500,000 over a 24 month time period to earn a 51% Interest. If Scandian elects to undertake Stage 2, then it will pay Nortec EUR 200,000 in either cash, shares or a combination of two, will commit to an additional expenditure of EUR 1,000,000 over two years to earn another 29%.

Standard dilution clauses will apply once the joint venture agreement is completed. The interest will convert to a 1.5% net smelter royalty if a party's interest falls below 10%. Finder's fees in compliance with the TSX Venture rules and regulations will be paid to an arm's length party for facilitating this transaction.

For information on Avalon please refer to: http://www.asx.com.au/asxpdf/20160519/pdf/437bvhzt2zbxyx.pdf, http://avalonminerals.com.au/

Tammela Minerals Oy ("NMO"), the wholly owned subsidiary of Nortec, controls 100% interest in the Somero 1 to 12 and Tammela 1 to 3 claims comprising the Tammela Project. The property hosts the Kietyonmaki Lithium prospect and the Riukka and Satulinmaki gold zones. Avalon has also submitted applications for two Exploration Reservations over an area of 117 km2 around the Somero and Tammela claims. These reservations form part of the Joint Venture with Avalon.

The Geological Survey of Finland ("GTK") carried out extensive work comprising of geological mapping, prospecting, and auger and diamond drilling in the 1970's and 1980's. GTK identified swarms of Lithium (Tin-Tantalum) bearing pegmatite dykes. Significant mineralisation is delineated within the Kietyonmaki Main Dyke ("KMD"), a large spodumene-rich (LiAlSi2O6) pegmatite dyke that can be traced for over 400m (open to the south-east) with an average width of 12 metres. The GTK drilled 17 holes (for 734 metres across 3 section lines) to test the lithium potential of the KMD along 120 metres of strike. The average drill intersection was 18m wide down to 75 metres below natural surface and continues to be open at depth.

A re-logging and re-sampling programme carried out by Nortec in 2010 on the drill core stored at the GTK core storage facility in Loppi, southern Finland confirmed GTK's results documented in 1985. Select intervals of the drill core were taken from drill hole R310 that was drilled on the Kietyonmaki prospect. Best intercept results are tabled below:

	From	То		Lithium	Sn	Та	Nb	Ве	Cs	Rb
Hole_ID			Interval (m)							
	(m)	(m)		%	ppm	ppm	Ppm	ppm	ppm	ppm
R310	11.75	14.75	3.00	0.51	70	100	115	181	67	1096
R310	20.40	25.30	4.90	0.10	42	59	64	95	99	618
R310	58.75	83.00	24.25	0.61	66	59	51	130	60	520
including	68.00	77.00	9.00	1.03	72	57	49	113	45	500
and	70.00	73.00	3.00	1.67	85	52	29	81	24	222

Sn = Tin; Ta = Tantalum; Nb = Niobium; Be = Beryllium; Cs = Caesium; Rb = Rubidium

Samples were submitted to ALS Chemex in Outokumpu for 48 element ICP-MS finish. Ore grade results for lithium were analysed using a 4-acid digest method and an AAS finish.

The GTK calculated a drill weighted-average intercept lithium grade of 1% (1.5% Li2O) for an inferred resource of 400,000 tonnes. The readers and potential investors are warned that these estimates are not compliant with the industry standard National Instrument 43-101 guidelines.

Re-sampling by Nortec geologists of the core drilled by GTK on both Satulinmaki and Riukka gold zones returned significant gold values.. Some of the significant results are 37.7 metres @ 1.03 g/t Gold from 51 metres (Hole R330 - Satulinmaki Prospect), 10.0 metres @ 2.47 g/t Gold from 20 metres (Hole R356 - Riukka Prospect) and 2.50 metres @ 6.81 g/t Gold from 61.35 metres (Hole R357 - Riukka Prospect)

About Nortec Minerals Corp.

Nortec is a mineral exploration and development company based in Vancouver, British Columbia.

The Company also holds a significant shareholding interest in Finore Mining Inc., a company listed on the Candian Securities Exchange. Finore controls a 100% interest in the Lantinen Koillismaa PGE-Au-Cu-Ni deposit, Finland. Information on the Company's projects can be referred to on www.nortecminerals.com.

Mohan R. Vulimiri, M.Sc., P.Geo, CEO, Nortec Minerals, is a Qualified Person as defined by NI 43-101. Mr. Vulimiri has approved the corporate and technical content contained in this press release

On behalf of the Board of Directors,

NORTEC MINERALS CORP.

"Mohan R. Vulimiri"

Mohan R. Vulimiri, CEO and Chairman

The TSX Venture Exchange has not reviewed and does not accept the responsibility for the adequacy or accuracy of this news release.

This press release contains certain forward looking statements which involve known and unknown risks, delays and uncertainties not under the Company's control which may cause actual results, performances or achievements of the Company to be materially different from the results, performances or expectations implied by these forward looking statements. This news release does not constitute an offer to sell or a solicitation of an offer to buy any of the securities in the United States.

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